

Who can help you get better?



aa
TRAINING
& CONSULTANCY

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Contents

Welcome to A&A Training

3	Welcome to A&A Training
4	Our clients
5	Clinical skills
6 & 7	Resuscitation Services
8	Paediatric and midwifery courses
9	Mandatory Services
10	Remote and rural services / Critical Care Education
11	First aid courses and AGPAL accreditation
12	Contact details

Professional staff in the healthcare sector deserve the highest standards of service – that's why we take great care in looking after your best interests.

Our varied list of clients includes nursing and locum agencies, public hospitals, private hospitals, general practitioners, remote and rural clinics and nursing homes. We also have many clients in other healthcare environments.

Whether you're looking for help in meeting your mandatory training obligations or seeking specialised courses for your staff, you can be sure our training will match your exact needs.

Keeping up with the times

A&A Training (Australia) brings you evidence based knowledge and skills, and ensures courses are taught in line with national competency standards. Our standards meet the latest guidelines from the Australian Nursing & Midwifery Council (ANMC) and the Australian Medical Association (AMA).

Quality remains our top priority when designing and delivering courses to comply with legislation or recognised guidelines. By working with you to design courses to your exact specification, we make sure you will receive the right course at the right price.

Meeting your every need

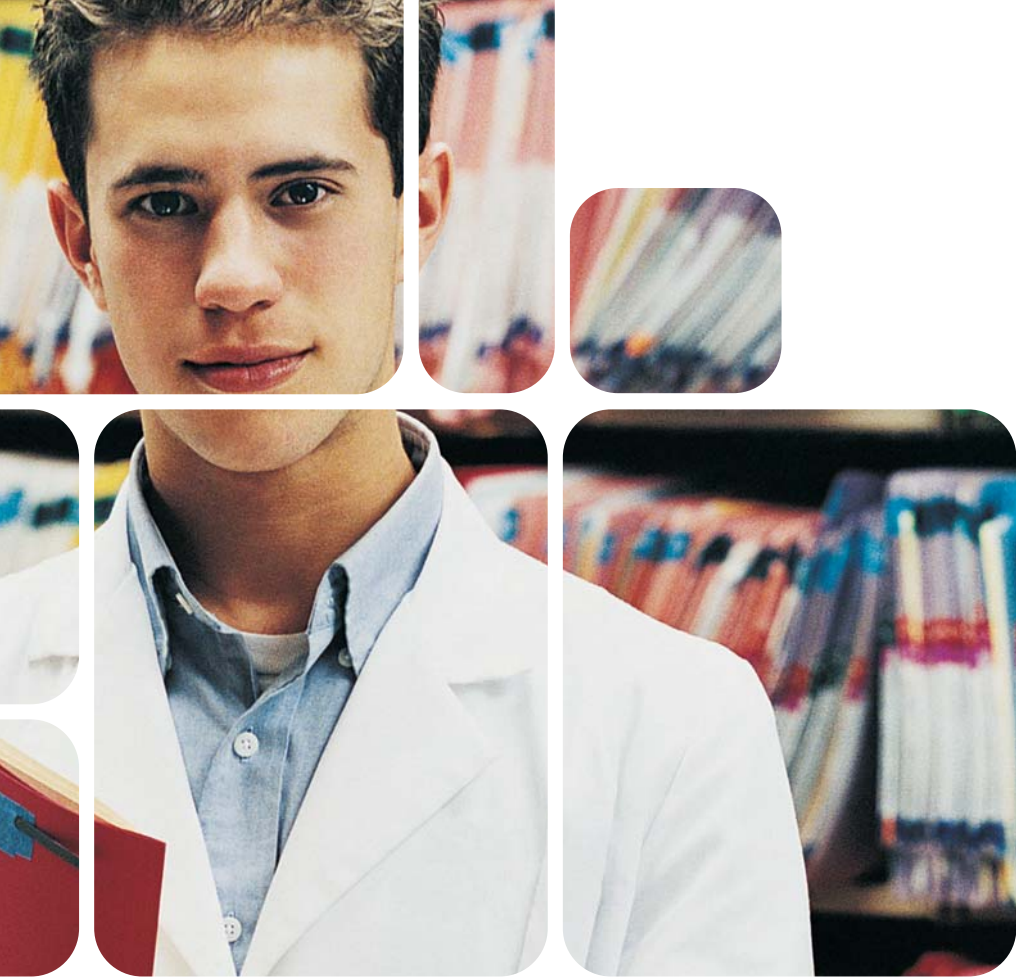
We can train at your venue or arrange a location to suit. Our services are not just restricted to Australia – we also have branches in England and Scotland and can deliver an international service as required. We also hold full public liability insurance, employer's liability insurance and professional indemnity insurance.

Our directors are highly experienced professionals from their respective fields. Our Clinical Director for Australia, Danny O'Neill, has a vast experience in emergency, pre-hospital and remote area practice. This experience includes working for the Royal Flying Doctor Service, several large emergency departments and remote area clinics. His experience also includes emergency department management.

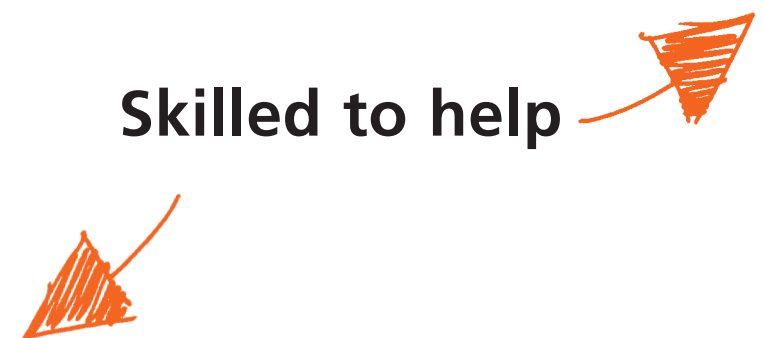
Andrew Le Grove is a graduate in cardiac nursing. He has more than 17 years of extensive clinical experience in the NHS with more than 10 years spent in senior clinical and management roles.

Patrick Stork is a skilled training manager, training course developer and established mentor.

In short, if your company is looking for training, A&A Training is your one-stop solution.



Skilled to help



Our clients

A&A Training has satisfied Australian, UK-based and international clients.

- Public hospitals
- Private hospitals
- General practice
- Mental health units
- Learning disability units
- Nursing and residential care homes
- Locum medical agencies
- Dental practices
- Locum nurse agencies
- Allied health professional agencies
- Private clinics
- Imaging centres
- *Non healthcare such as:*

- Factories
- Retail
- Food chains
- Schools
- Offices

We have also delivered high quality training to various professions and candidates:

- Doctors
- Radiographers
- Registered nurses
- Registered midwives
- Healthcare assistants
- Care workers
- Social workers
- Occupational therapists
- Physiotherapists
- Administration and clerical workers
- Dentists
- Factory workers
- Retail workers
- Reception staff
- Machine operators
- Schoolteachers
- School children

Wherever you are and whatever your training needs, we are ready to provide a first class service. Why not make us your first choice training provider?

Our clinical skills training

All A&A Training's instructors are practising nurses, MICA paramedics, doctors and midwives, who can draw on extensive clinical experience.

Our courses also take into account how the distinctions between doctor, nurse and other healthcare staff have changed, particularly as nurses enhance and expand their roles.

We are constantly adapting our training across a range of clinical skills in line with these developments and can tailor content to suit a client's or group's needs, whether from a basic level to an advanced level, or if an update is required.

Skills to suit

Each of our instructors is professionally qualified and educated to degree level or duly experienced. Our senior instructors all form part of a Resuscitation Faculty at A&A Training and many also belong to other working project groups.

Feedback is obtained from students on every course, including their perception of instructors. This information is then forwarded to a contact nominated by their employer as well as to each of our instructors.

Our expertise at a glance

Here is a selection of clinical areas where we are skilled to help. We can deliver all these and many more clinical skills courses on request:

- Venepuncture
- Intravenous cannulation
- Administration of intravenous medications
- Assessment and examination skills
- Chest auscultation, percussion, palpation and examination
- Blood transfusions
- Administration of oral medication
- Urinary catheterisation (male and female)
- Arterial blood gas sampling
- Care of Hickman and PICC lines
- Plastering
- Chest auscultation
- 12 lead ECG analysis

Most of our courses combine theoretical with practical elements. Special attention is paid to best practice and research as well as any documented guidelines or those specified by a client.

We use practising experts to give candidates valuable tips and hints. And we can organise workshops for staff to practice these skills.

Putting into practice!

Our equipment library is stocked with high quality clinical skills manikins. Candidates have the opportunity to engage in interactive theory sessions, then to practice their newly learnt skills with manikins to bridge the theory-practice gap.

We issue competency forms for use by candidates in their supervised practice in clinical environments.

The completion of such forms, allied to certification, duly reassures an employer of a candidate's competence to practice safely.

All our courses are certificated

Resuscitation

"Resuscitation instructors are registered nurses, midwives, MICA paramedics and doctors and hold post-registration courses in acute care such as accident and emergency, coronary care or intensive care."

Our resuscitation training services

A&A Training has updated its entire resuscitation course portfolio to reflect the new Australian Resuscitation Council (ARC) guidelines issued in March 2006, and we regularly update our resuscitation policy to comply with the ARC 9.1.1 and 9.1.2 guidelines. We are approved to award Royal College of Nursing Australia (RCNA) CNE points.

These guidelines were approved by experts gathered by the International Liaison Committee on Resuscitation (ILCOR) and ratified by members from leading national Resuscitation Councils.

Each course covers all mandatory requirements and has additional content tailored to the needs of candidates and/or clients, combining theoretical and practical elements. *Here are the main areas covered by our resuscitation training courses, while not a full list, others can be tailor-made on request:*

- Basic life support (adult) including airway adjuncts
- Paediatric basic life support

- Basic life support for admin/clerical staff/lay person
- Paediatric advanced life support
- Newborn basic life support
- Intermediate life support
- Use of a semi-automated external defibrillator (SAED)
- Tailor-made advanced life support
- Advanced airway management including use of airway adjuncts
- Aspects of advanced trauma management
- Management of anaphylaxis

Paying attention to your individual needs

All our resuscitation instructors are registered nurses, midwives, MICA paramedics and doctors and hold post-registration courses in acute care such as accident and emergency, coronary care or intensive care.

They also hold Advanced Life Support Instructor or Provider status and work in an area where they see frequent cardiac arrests and lead or act as part of the cardiac arrest team. A key part of the training is to draw on these real life experiences to underline how the training should be applied in practice.

Our ratios of instructors to candidates are the best in the private training industry. The instructor ratio for our Basic Life Support course is 1:8 minimum; advanced courses, including SAED, have a minimum of 1:6. Our candidate to manikin ratios are as appropriate.

Here's a list of customers who send their staff to our resuscitation training courses:

- General practitioners
- Public hospitals
- Remote and rural clinics
- Private hospitals and clinics
- Medical drug and research companies
- Nursing and residential care homes
- Locum Agencies – Medical
- Locum Agencies – Domiciliary
- Locum Agencies – Nursing
- Locum Agencies – Allied Health professionals (eg physios, occupation therapists)
- Schools
- Non-healthcare industry eg workplaces, factories

Tailored to your needs

Other resuscitation

A&A can also provide various levels of resuscitation service on request and tailored to meet your needs.

Here are some examples of how we can help.

We will work closely with an organisation's Resuscitation Committee to improve standards. Our experts will give advice on current resuscitation practice and best practice guidelines; review the resuscitation process within an organisation and its resuscitation equipment; undertake resuscitation audits and 000 ambulance audits; assess emergency drug supplies and usage and report in the aftermath of any serious adverse incidents associated with resuscitation.

We will carry out a comprehensive audit of the resuscitation equipment located throughout an organisation. This will involve visiting all clinical environments where resuscitation equipment is in place. We will also issue on-site advice to each clinical environment on the best use of appropriate equipment and its storage.

We will audit all cardiac arrests in an organisation and give advice to improve clinical standards.

Following any cardiac arrest within an organisation, we can assist in coordinating any investigations, and also coordinate a critical incident analysis meeting with any staff involved to enable support, guidance and reflection.

We will support and advise an organisation on any resuscitation issues as required. This includes visiting clinical environments on request, to carry out resuscitation needs analysis.

We can assist organisations with designing new resuscitation policies.





Clinical expertise

Paediatric and midwifery courses

We deliver a wide range of paediatric courses on request. Demand is highest for those dictated by mandatory requirements.

Two courses, which are now mandatory for all nurses who have contact with children, are annual paediatric basic life support and child protection training.

Among the list of courses we can deliver are:

- Paediatric basic life support
- Paediatric advanced life support
- Assessing a sick child
- Epilepsy and seizures
- Diabetes in children
- Paediatric clinical examination
- Paediatric airway management
- Child protection
- Tracheostomy care in children
- Feeding children via Naso gastric and Percutaneous Endoscopic Gastrostomy (PEG)
- Anaphylaxis in children
- Paediatric toxicology

Midwifery

All our midwifery instructors are practising senior midwives. In line with our training policy, two instructors work together on each of our courses.

Mandatory requirements mean that our most requested midwifery courses are Fetal Monitoring and CTG Training and Newborn Basic Life Support.

Our course content surpasses mandatory expectations and various styles of teaching are used.

Current midwifery courses include:

- Fetal Monitoring and CTG analysis
- Newborn basic life support
- Obstetric emergencies
- Drills and skills
- Perineal suturing
- Water birth
- Ante-natal care
- Bereavement support

Why settle for second best? Choose A&A Training for first class, first choice midwifery training.

Other mandatory training

A&A Training delivers all mandatory subjects. For example, Basic Life Support is mandatory annually as is Moving and Handling.

Other areas subject to mandatory regulations include:

- Infection control
- Health & Safety
- Fire safety
- Management of violence and aggression, including break away techniques
- Child protection
- Basic food hygiene

Learning at your leisure

Apart from complying with mandatory content, all our courses are tailor-made to suit a client's own environment.

We also use various forms of teaching, which include:

- Theory and practical elements
- PowerPoint presentations
- Flip charts
- Group work
- Group presentations
- Open questioning
- Questionnaires
- Open discussion

Practice makes perfect

We aim to be flexible in the length of our courses. The shortest is a half day for Moving & Handling (update only), while courses lasting up to four days are fully tailored to meet clients' needs. All Moving & Handling courses include both a practical and theoretical session as well as incorporating all recommendations.

In the case of patient-handling staff, there is plenty of time to practice on moving and handling adjuncts, such as hoists and slide sheets.

We also pride ourselves on the excellent feedback we have received from candidates and clients. Not only have they found the courses interesting, informative and easy-to-learn – they have also had a lot of fun.



★ "As well as delivering tailor-made education, all our instructors are clinically experienced in remote care."

A&A Training

First class, first choice!

Remote and rural services

A&A Training understands the frustrations held by remote and rural area doctors, nurses and midwives. We can deliver tailor-made education to help meet complex patient health needs, client demographics and the healthcare environment. Our instructors are clinically experienced in remote care, and can deliver the training required to meet the education needs of our valued remote and rural healthcare practitioners.

Examples of training we can offer include:

- Remote area medicine
- Remote area trauma care
- Remote medical emergencies
- Remote rural disaster management
- Suturing
- Plastering
- Bandaging
- Wound care
- Burn care
- Stabilisation and transfer
- Immunisations

Critical Care Education

Looking for a short course to deliver evidence based critical care education? A&A Training can deliver! We teach to empower you and give you the education and time you deserve.

Our critical care education provides graduates with a rigorous grounding in emergency care.

This will include:

- Cardiac rhythm and ECG interpretation
- Chest x-ray interpretation
- Oxygen therapy
- Trauma care
- Advanced airway management
- Chest x-ray
- Chest assessment and auscultation

The following areas of traumatic injury can also be covered:

- Thoracic
- Spinal
- Head and brain
- Orthopedic
- Abdominal
- Burns
- Paediatric injuries

This will provide students with a broad grounding in pathologies that can cause people to visit emergency departments.

Students will finish our short courses with a sound practical knowledge of:

- Physical examination
- History taking
- Body systems examination
- Initiating infusions
- Haemodynamic monitoring
- Defibrillation
- External cardiac pacing
- Assisting with endotracheal intubation
- Triage
- Intermittent positive pressure ventilation
- Plastering, bandaging and splinting
- Using crutches
- Suturing
- Paediatric and adult resuscitation
- Preserving forensic evidence
- Pain management
- Grief and loss
- Discharging patients

First aid courses

A&A Training puts practical expertise at the forefront when it comes to First Aid training. Our instructors work in clinical practice and do not merely teach first aid from a book.

Our first aid instructors are all practising senior nurses, MICA paramedics and doctors with up-to-date clinical and training experience. All are Advanced Life Support providers, instructors or have similar qualifications. They use first aid, emergency assessment and management of emergency skills within their practice areas.

We deliver various first aid courses that meet regulatory requirements of the ARC and are tailored to a group of candidates.

The most requested are:

- Tailor-made first aid courses from one to 4 days in length
- Annual first aid refresher for Appointed First Aiders
- Basic first aid
- Paediatric first aid

AGPAL accreditation

A&A Training can offer pre-AGPAL accreditation supervision and training. We can provide a consultation service to identify strengths and weaknesses, and audit your workplace in preparation for accreditation.

Our training consultants are experienced in AGPAL and have been through the process many times. We can help!

Achieving AGPAL is important to your practice as it means you will:

- Experience increased efficiency
- Your risks will be reduced
- Stay up-to-date with current trends and best practice.

From helping improve your systems to providing the latest management advice and resources, AGPAL and QIP Accreditation go beyond the usual, and deliver practical analysis, guidance and benchmarks from the field.

Fit for the future

Quality improvement is not prescriptive. What is best for a practice in Perth may not suit another in North Queensland. However, the concept of looking outwards is a powerful tool for any practice, whatever your aspirations.

Your choice

Becoming accredited is your choice. AGPAL and QIP Accreditation is a voluntary process, owned and run by the profession to acknowledge quality in practice.

Nurse practitioner advanced practice

A&A Training delivers quality specific training to support and assist the healthcare practitioner for advanced practice roles. Our internationally qualified instructors are senior nurses and doctors who have relevant clinical experience and education in advanced practice.

Examples of courses which can enable advanced practice include:

- Advanced ECG interpretation
- ABG sampling and analysis
- Venepuncture and cannulation
- Suturing and plastering
- Chest examination, auscultation, palpation and percussion
- Advanced airway care
- Clinical history taking and examination

Scheduled Courses
Independent Hospitals
Primary Care
Private Hospitals
Aged Care Homes
Locum Agencies
Pre Hospital
All healthcare environments
Resuscitation
Conflict Resolution
Clinical Skills
All mandatory training
Specialist knowledge and skills
First Aid training

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